

Tracy Messenger

Toronto, Canada
Mobile: 416-894-2527
Email: tmesseng@gmail.com

Height: 5'10.5"
Weight: 140
Hair: Blonde
Eyes: Blue/Green

Bust: 37"
Waist: 27"
Hips: 38"
Shoes: 8.5

ACTRA # 04-27007

Television

In the Dark	Double – Perry Mattfeld	AG Films Canada Inc. - Eric Bryson
Lost Girl	Stunt Guard #2	Bo Series 5 Inc. - Plato Fountadakis
InSecurity	Double – Natalie Lasinska	Verité Films - Daniel Ford Beavis
Stunt Masters	Stunt Performer	Luminous Pictures - Gavin Smith

Skills

High Falls	Swimming	Basic Lira
Partial Fire Burn	PADI Scuba Certified	Basic Silks
Wire Work	Motorcycle Licence	Muay Thai Kickboxing
Ratchet		

Education/Training

IOSP Workshop	Fighting for Film	Rick Skene
USA Stunt School	Basic Stunt Training	David Boushey
Circus Training	Silks and Lira	Centre of Gravity
TKMT	Muay Thai Kickboxing	Ajahn Amnat Yodkwain
Audience Experience	Acting Workshop	Kunal Jaggi and Jeb Beach